

Sunday, 2nd February 2014

10.00 am

Worship Leader	A. Tonkin
Communion Leader	M. Waters
Children's Church	D. Morrall + Prayer Leader
Singers	J. Cooke
Band	M. Cox, D. Mountford, J. Trewin
Projector / Sound	J. Waters, N. Christian, C. Beasy, J. Tonkin
Officer on Duty	P. Bekker / J. Armstrong
Welcome/Reception	R. Jackson
Helpers	D. Homfray / M. Butler
	J. Rosenberg, C. Meade, M. Straub, H. Atkins, J. Wiffen,
	P. Leng, C. Staley (reader), J. Bradford

Crèche	J. Kelly
Cuppa	K. Underwood, S. Clarke, C. Clarke
Communion Prep.	R. Bekker
Flowers / Cleaning	A. Munro
Grounds	A. & B. Munro

6.00 pm

Worship Leader	A. Tonkin
Communion Leader	J. Cole
Singers	M. Waters
Band	M. Gardner, A. Gray
Projector / Sound	C. Waters, R. Jemmeson, I. Fabich, E. Tonkin, J. Tonkin
Officer on Duty	C. Tonkin / B. Moritz
Reception	R. Jackson
Crèche	D. Kelly
	J. Cooke

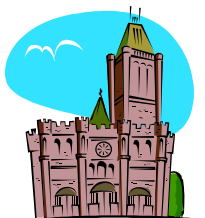
Please Note: All those in the Worship Team for Sunday morning services are asked to be at the church at times as per the note on their roster sheet:

8.20 am	Sound, projector, band arrive - sound check
8.35 am	Singers arrive - sound check
8.40 am	Prayer and Practice start

THE CONFESSIONAL

One day a boy and his grand-parents went to visit a 150 year old historic Catholic Church. As they toured the church, the grandfather explained the reason for some of the architectural and liturgical features, while the boy listened intently. Then they reached the confessional in the back.

"I know what this is!" the boy enthused. "It's for time-out, isn't it?"



Mainstream

MILDURA
CATHOLIC
CHURCH
OF
CHRIST



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MILDURA
3502
Ph. 5023 1201

Minister:
Andrew Tonkin

26th January 2014

Late last year I was counselling a friend who was going through a difficult time of burnout. After chatting for a while I said, "You cannot continue to draw out fresh water when the well has run dry".

What this means is that for us to continue to give out to others and be a blessing to those around us we need to ensure our 'well' remains full. When it runs low we are unable to draw any further and that so often will lead to dryness, emptiness and burnout.

To avoid this we must ensure our well remains full. This can be done through...

- **Rest and relaxation.** Don't feel guilty about sitting on the couch watching the cricket or tennis. Rest is vital (although not moving from the couch for the whole day would be more a sign of laziness)
- **Spending quality time** with your spouse and children. You need to build on your most precious relationships.
- **Putting in place clear personal boundaries** regarding things that keep you busy. This includes work, sport, church ministry, committees, clubs and more.
- **Spiritual disciplines.** Prayer, meditation, reading the Bible, fasting and other similar spiritual disciplines are a vital part of our life getting into the correct alignment.
- **Learning that 'NO' is not a dirty word.** In fact it could be the most important word that some people will ever learn.

You cannot be a blessing to others when you have run dry and burnt out. You cannot be effective in the call to love God and love people when you have nothing more to give. So use your time wisely, reset your priorities and personal boundaries, re-engage in spiritual disciples and ensure your well is refilled and remains filled.

ANDREW TONKIN



Welcome to church today. If you are a visitor we offer you a special welcome. We hope you enjoy worshipping with us. Please stay for a cup of tea or coffee following the morning service.

Today, Sunday 26th January, 2014 AUSTRALIA DAY

10.00am Andrew Tonkin
Time to Refuel
 Worship Leader Joshua Cole
 Communion Leader Dennis Homfray
 Reading Isaiah 40: 28-31

6.00 pm Andrew Tonkin
Time to Refuel
 Worship Leader Brendan Moritz
 Communion Leader Joshua Cole

Next Week, Sunday, 2nd February

10.00 am Andrew Tonkin
 & **THE GOSPEL OF MARK**
6.00 pm "John Prepares the Way"

Isaiah 40: 28-31

Do you not know? Have you not heard?
 The Lord is the everlasting God, the Creator of the ends of the earth.
 He will not grow tired or weary, and his understanding no one can fathom.
 He gives strength to the weary and increases the power of the weak.
 Even youths grow tired and weary, and young men stumble and fall;
 but those who hope in the Lord will renew their strength.
 They will soar on wings like eagles;
 they will run and not grow weary,
 they will walk and not be faint.

Loving God - Loving People

GODLY GENEROUS GENERATIONS GRACE GOSPEL

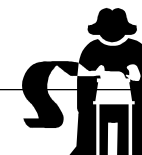
This Week

Sunday	26th	9.30 am	Prayer
		7.30 pm	Ray on Radio 106.7FM
Monday	27th	7.30 pm	Board Meeting

JANUARY

Dates for your Diary

February 4	Adventure Club commences
6	C.W.F.
7	Youth Group commences
23	Church Annual General Meeting
March 29	Prayer Retreat
April 6	Hymn Singing
18	Good Friday



EXTEND ACCOUNT

DIRECT DEPOSITS - Mildura Church of Christ

NAB - BSB number 083-764 Account Number 15423 4854

Promised Amount	\$437,494.45
Amount Banked	\$143,999.65

DIRECT DEPOSITS- Church of Christ Mildura

NAB - BSB number 083-764 Account Number 51591-4637

Budget Weekly Average	\$3,519
Actual Weekly Average	\$3,199

Faith Promise for Missions

Promised 1.1.2013	\$3,140	Banked \$4,254.00
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Please Note: If your Extend offerings are still being directed into the Church General Account, could you please assist staff by changing the account direction with the bank.

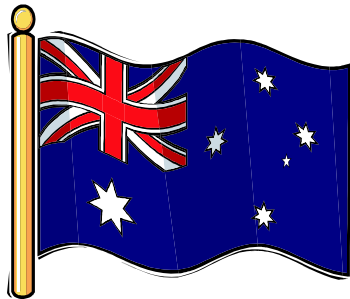
AUSTRALIA DAY

26th January

The presence of Christianity in Australia began with the arrival of the First Fleet of British convicts in 1788. The religion grew to account for 96.1% of the national population at the time of the Federation of Australia in 1901.

The English navigator, James Cook's favourable account of the fertile east coast of Australia in 1770, ultimately ensured that Australia's Christian foundations were to reflect the British denominations.

The Reverend Richard Johnson of the Church of England, was licensed as Chaplain to the Fleet and to the settlement. In early Colonial times, Church of England clergy worked closely with the governor. Johnson was charged by the governor, Arthur Phillip, with improving "public morality" in the colony, but he was also heavily involved in health and education.



The early colonial officials looked to Protestant pastors in the convict colony to preach against drunkenness, whoring and gambling.

On 7th February, 1788, Arthur Phillip was sworn in over the Bible as the first governor of the colony, and delivered a speech to the convicts counselling the Christian virtues of marriage and an end to promiscuity. Probably on the first Sunday, Reverend Johnson gathered all those willing under a great tree and offered thanks to God - a week later he celebrated the colony's first Lord's Supper in an officer's tent.

Christian music arrived in Australia with the first fleet of British settlers in 1788 and had grown to include all genres. St Mary's Catholic Choir in Sydney is the oldest musical institution in Australia from origins in 1817.

CHURCH

ANNUAL GENERAL MEETING

Sunday, 23rd February
11.30 am after Morning Service
Shared Lunch to follow

Any Notices of Motion should be received by the Secretary by 2nd February.

The Elders have created a new Functional Committee to be known as Connect Groups. The Deacon of this position will work with the many small groups within the church as well as creating new ones.

Nominations for the following positions are due on 2nd February also.

Elders - any number may be nominated.

Deacons - Administration, Children's Ministry, Connect Groups, Mission Officers - Secretary / Treasurer

The following Elder, Deacons and Officers have completed their terms of office. Ruth Jackson, Jon Armstrong, Sam Armstrong, Auralie Munro, Heather Atkins. They are all available for re-nomination.

Anyone wishing to nominate a member for a position should first speak to Andrew or one of our elders. Nomination Forms are available from the Secretary.

Voting for these positions on the Leadership Team will be on Sunday, 9th and Sunday, 16th February. Scrutineers are Wally Duke and Robyn Hawtin.

A café in the Melbourne suburb of Altona is lending a helping hand to the suburb's disadvantaged residents by combining coffee and charity. Melissa Cakes has joined the 'suspended coffees' initiative which sees customers buying an extra 'suspended' coffee which can then be given to someone who cannot afford one. The café has teamed up with the Hobson's Bay Salvation Army Corps and a local youth group, providing the charities with suspended coffee vouchers to ensure the system is not abused. "When people are in a tough spot and battling to buy food and pay the bills, they are forced to forgo luxuries like a coffee in the morning," said manager Katrina Ellis. "Hopefully this idea will help people out a little in a time of need."